

PROGRAM OUTLINE (Day 1)

CONTACT HOURS 8

TITLE OF ACTIVITY: Scar Release Therapy - MPS Method (SRT)

PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

OBJECTIVES: List each educational objective for this presentation	CONTENT (Topics): Provide outline of content/topics presented & indicate to which objectives the content/topic relate.	TIME FRAME Give a time frame for each content area	FACULTY List person presenting each topic/content area.	TEACHING METHOD: List teaching strategies by each presenter for each topic or content area.
1. Understand the history of neural (scar) therapy.	1. The history of scar and neural therapy a) Interference Sources b) Interference Fields/Patterns c) Common causes of interference fields	1.00 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture using both powerpoint presentation and workshop book.
2. Understand the 4 physiological mechanisms of how scars affect the body	2. 1) Sympathetic UPregulation & Autonomic Nervous system (ANS) Imbalance 2) Fascial Irregularity formation 3) Adhesion Formation 4) Circulation stagnation 5) Emotional Imbalances	1.00 Hours		Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants
3. Understand how to perform Scar Release Therapy (SRT)	3. Identify and perform SRT: 1) Sympathetically DEregulate the ANS by releasing Scars. 2) Release Fascia using Fascia Release technique 3) Release Adhesions using adhesion Release technique 4) Improve Circulation using Circulation Stagnation technique	2.00 Hours Total 4.0 hours		Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants

PROGRAM OUTLINE (Day 1)

2

CONTACT HOURS 4

TITLE OF ACTIVITY: Scar Release Therapy - MPS Method (SRT)

PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

OBJECTIVES: List each educational objective for this presentation	CONTENT (Topics): Provide outline of content/topics presented & indicate to which objectives the content/topic relate.	TIME FRAME Give a time frame for each content area	FACULTY List person presenting each topic/content area.	TEACHING METHOD: List teaching strategies by each presenter for each topic or content area.
3. Understand the theory and practicum of emotional Release using SRT-Acupuncture Emotional Points and scars..	3. Emotional Release Technique 1) Broken Heart - P6 2) Anxiety - H7 3) Grief - Lu 7 4) Anger - Liv 8 5) Worry - Sp6 6) Fear - K3	1.50 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants
4. Understand how to Identify Scar Interference Patterns.	4. Identify and discuss a) Ascending Interference Patterns b) Decending Interference Patterns	1.50 Hours		Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants
		Total 7.0 hours		Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants

PROGRAM OUTLINE (Day 2)

CONTACT HOURS 4

TITLE OF ACTIVITY: Cranial Release Therapy - MPS Method (CRT)

PURPOSE/GOALS: Introduce a new form of pain management to rehab professionals

OBJECTIVES: List each educational objective for this presentation	CONTENT (Topics): Provide outline of content/topics presented & indicate to which objectives the content/topic relate.	TIME FRAME Give a time frame for each content area	FACULTY List person presenting each topic/content area.	TEACHING METHOD: List teaching strategies by each presenter for each topic or content area.
3. Understand the theory and practicum of MPS Cranial Release Therapy.	3. Understand how perform Cranial Release Therapy (CRT) on the following head sutures: 1) Sagittal Suture Release 2) Coronal Suture Release 3) Squamous Suture Release 4) Lambdoid Suture Release	4.00 Hours	Joe Durant, LMT Andy Clark, PT Laine Miller, PTA Ricardo Hidalgo, PT Bill Bowling, PT Julietta Planchart, PT Kelly Armstrong, OT	Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants
4. Understand how to identify, locate and treat SRT-Acupuncture Rescue Points	4. Rescue Points - Help for emotional releases and ANS balance	1.00 Hours		Lecture using both powerpoint presentation and workshop book, with hands-on application of protocols on participants by participants
		<u>Total</u> 7.0 hours		